

| Pl | tartnr | Lag | Str | Namn | År | Tid | StrPl | Gaffl | BanPl | VäxlTid | VäxPl | Tid |
|-----------------|--------|------------|-----|----------------------|----|-------|-------|-------|-------|---------|-------|---------|
| SSM (20) | | | | | | | | | | | | |
| 1 | 4 | Småland 1 | | | | | | | | | | 2:10:35 |
| | | 1 | H15 | Andreas Petersson | | 26:56 | 3 | ABBB | 1 | | | |
| | | 2 | D14 | Gabriella Gustafsson | | 30:23 | 2 | AABB | 1 | | | |
| | | 1 | D15 | Louise Lundgren | | 29:52 | 2 | BAAA | 4 | 29:52 | 5 | |
| | | 2 | H14 | Oliwer Lundberg | | 35:00 | 14 | BBAA | 1 | 1:04:52 | 2 | |
| | | 3 | D16 | Oscar Lundqvist | | 28:36 | 3 | ABA | 1 | 1:33:28 | 2 | |
| | | 4 | H16 | Hanna Östenberg | | 37:07 | 1 | BAB | 1 | 2:10:35 | | |
| 2 | 8 | Småland 2 | | | | | | | | | | 2:10:49 |
| | | 1 | D15 | Eirin Andersson | | 29:56 | 3 | BABA | 2 | | | |
| | | 2 | H14 | Lucas J Sundblad | | 26:52 | 1 | BAAB | 1 | | | |
| | | 1 | H15 | Henrik Eklund | | 27:01 | 4 | ABAB | 1 | 27:01 | 2 | |
| | | 2 | D14 | Linnea Golsäter | | 30:13 | 1 | ABBA | 1 | 57:14 | 1 | |
| | | 3 | D16 | Jakob Wahl | | 30:12 | 5 | ABA | 2 | 1:27:26 | 1 | |
| | | 4 | H16 | Johanna Lindgren | | 43:23 | 10 | BAB | 5 | 2:10:49 | | |
| 3 | 1 | Blekinge 1 | | | | | | | | | | 2:16:27 |
| | | 1 | D15 | Moa Pettersson | | 32:06 | 4 | AAAA | 1 | | | |
| | | 2 | H14 | Henrik Johannesson | | 34:49 | 12 | AAAA | 2 | | | |
| | | 1 | H15 | Theodor Wahlbom | | 33:50 | 15 | BBBB | 2 | 33:50 | 9 | |
| | | 2 | D14 | Myrra Carlsson | | 38:23 | 7 | BBBB | 2 | 1:12:13 | 7 | |
| | | 3 | D16 | Erik Andersson | | 26:56 | 1 | BBB | 1 | 1:39:09 | 4 | |
| | | 4 | H16 | Tilda Johansson | | 37:18 | 2 | AAA | 2 | 2:16:27 | | |
| 4 | 3 | Skåne 1 | | | | | | | | | | 2:18:17 |
| | | 1 | D15 | Kajsa Hedin | | 29:03 | 1 | BBAB | 1 | | | |
| | | 2 | H14 | Johan Lenning | | 33:04 | 7 | BBBB | 1 | | | |
| | | 1 | H15 | Joel Einarsson | | 33:09 | 12 | AABA | 1 | 33:09 | 6 | |
| | | 2 | D14 | Jenny Bredfelt | | 37:27 | 5 | AAAA | 5 | 1:10:36 | 4 | |
| | | 3 | D16 | Rasmus Svantesson | | 28:30 | 2 | BAA | 1 | 1:39:06 | 3 | |
| | | 4 | H16 | Jessica Nilsson | | 39:11 | 3 | ABB | 1 | 2:18:17 | | |
| 5 | 13 | Skåne 3 | | | | | | | | | | 2:20:26 |
| | | 1 | H15 | Anton Larsson | | 28:53 | 5 | BAAB | 1 | | | |
| | | 2 | D14 | Erica Eriksson | | 40:40 | 9 | BBBA | 1 | | | |
| | | 1 | D15 | Elin Carlsson | | 36:30 | 8 | ABBA | 1 | 36:30 | 12 | |
| | | 2 | H14 | Jesper Ågren | | 34:11 | 11 | AAAB | 2 | 1:10:41 | 5 | |
| | | 3 | D16 | Axel Schulz | | 30:19 | 6 | BBB | 3 | 1:41:00 | 5 | |
| | | 4 | H16 | Felicia Feuerstein | | 39:26 | 4 | AAA | 3 | 2:20:26 | | |
| 8 | 34 | Småland 7 | | | | | | | | | | 2:39:40 |
| | | 1 | H15 | Anton Hansson | | 25:39 | 2 | BAAA | 1 | | | |
| | | 2 | D14 | Amanda Rangert | | 40:28 | 8 | BAAB | 3 | | | |
| | | 1 | D15 | Sophia Björnlinger | | 38:06 | 15 | ABBB | 5 | 38:06 | 16 | |
| | | 2 | H14 | Adam Persson | | 32:39 | 5 | ABBA | 4 | 1:10:45 | 6 | |
| | | 3 | D16 | Jakob Riis | | 34:46 | 8 | BBB | 5 | 1:45:31 | 7 | |
| | | 4 | H16 | Karin Björnlinger | | 54:09 | 18 | AAA | 9 | 2:39:40 | | |
| 10 | 14 | Småland 3 | | | | | | | | | | 2:42:09 |
| | | 1 | D15 | Linnea Andersson | | 36:51 | 13 | BBBA | 2 | | | |
| | | 2 | H14 | Oskar Lind | | 31:26 | 4 | ABBA | 3 | | | |
| | | 1 | H15 | Anton Erichsson | | 33:21 | 14 | AAAB | 1 | 33:21 | 8 | |
| | | 2 | D14 | Gabriella Bergander | | 35:15 | 3 | BAAB | 2 | 1:08:36 | 3 | |
| | | 3 | D16 | Daniel Håkansson | | 40:21 | 15 | BAB | 2 | 1:48:57 | 8 | |
| | | 4 | H16 | Moa Svensson | | 53:12 | 17 | ABA | 4 | 2:42:09 | | |
| 11 | 24 | Småland 5 | | | | | | | | | | 2:43:21 |
| | | 1 | H15 | Martin Karlsson | | 37:58 | 20 | ABBB | 4 | | | |
| | | 2 | D14 | Annie Önsten | | 37:08 | 4 | AAAA | 4 | | | |
| | | 1 | D15 | Hedwig Almqvist-Haas | | 36:51 | 13 | BAAA | 5 | 36:51 | 15 | |
| | | 2 | H14 | Albin Lager | | 39:01 | 16 | BBBB | 3 | 1:15:52 | 9 | |
| | | 3 | D16 | Daniel Posch | | 35:00 | 9 | BAA | 2 | 1:50:52 | 9 | |

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|----|--------------------------|--------|---------|---|---------|---------|
| | 4 H16 Ida Önsten | 52:29 | 16 ABB | 4 | 2:43:21 | |
| 12 | 38 Småland 8 | | | | | 2:43:24 |
| | 1 D15 Moa Hansson | 33:54 | 7 AAB B | 2 | | |
| | 2 H14 Erik Rosjö | 30:58 | 2 ABBA | 2 | | |
| | 1 H15 Albin Evertsson | 29:37 | 10 BBAA | 2 | 29:37 | 4 |
| | 2 D14 Elsa Andersson | 48:32 | 12 BAAB | 4 | 1:18:09 | 11 |
| | 3 D16 Gabriel Lindersson | 41:40 | 16 BAA | 4 | 1:59:49 | 11 |
| | 4 H16 Emelie Andersson | 43:35 | 11 ABB | 3 | 2:43:24 | |
| 13 | 28 Småland 6 | | | | | 2:47:28 |
| | 1 H15 Adam Erickson | 29:24 | 7 BABB | 1 | | |
| | 2 D14 Lovisa Torstensson | 42:54 | 10 AABA | 1 | | |
| | 1 D15 Petra Olejnik | 49:48 | 18 ABAA | 1 | 49:48 | 18 |
| | 2 H14 Arvid Nord | 34:10 | 10 BBAB | 1 | 1:23:58 | 13 |
| | 3 D16 Hampus Bergander | 40:15 | 14 ABA | 3 | 2:04:13 | 13 |
| | 4 H16 Elin Lindqvist | 43:15 | 8 BAB | 3 | 2:47:28 | |
| 15 | 18 Småland 4 | | | | | 3:12:17 |
| | 1 H15 Daniel Engström | 36:34 | 18 BAAB | 2 | | |
| | 2 D14 Elin Granstedt | 38:20 | 6 BAAA | 2 | | |
| | 1 D15 Lovisa Härold | 57:04 | 20 ABBA | 2 | 57:04 | 20 |
| | 2 H14 Philip Edvardsson | 42:09 | 19 ABBB | 2 | 1:39:13 | 18 |
| | 3 D16 Oscar Andersson | 47:12 | 17 BBB | 9 | 2:26:25 | 18 |
| | 4 H16 Johanna Andersson | 45:52 | 12 AAA | 5 | 3:12:17 | |
| | 44 Småland 9 | | | | | Felst. |
| | 1 D15 Diana Englund | 49:41 | 17 BAAA | 6 | | |
| | 2 H14 Lukas Lundgren | 34:52 | 13 AAAA | 3 | | |
| | 1 H15 Johan Eklund | 36:09 | 17 ABBB | 3 | 36:09 | 11 |
| | 2 D14 Elin Posch | 48:43 | 13 BBBB | 4 | 1:24:52 | 15 |
| | 3 D16 Erik Persson | Felst. | ABA | | | |
| | 4 H16 Kajsa Adolfsson | 43:17 | 9 BAB | 4 | | |